

# GymKids Gazette

A Newsletter from Rockland Gymnastics Academy  
Winter/Spring 2003

*We develop confidence and self-esteem one child at a time!*

## Gymnastic Extravaganza Show



## Saturday June 7 or Sunday June 8

Parents take a moment to stop by the front desk and sign up for the end of the year gymnastic show. Children will receive medals or trophies for their year effort and a certificate for their participation in the show. Boys should wear the Rockland Gymnastics T shirt for the show & black shorts. The cost of the T shirt is \$12.00. Girls show leotard for preschoolers is \$30.00 and for recreational girls is \$35.00. Place your order today in the office. This is a time for children to show their confidence in the accomplishments they have made this year, to friends and family.

## **Scheduled Times for the Extravaganza Show**

Preschool----- (Cosmic Bears, Thunder Cats)

5 Alive----- (Kindergarten-5 Alive)

Recreational---- (Alpha Boys & Girls, Star Boys & Girls,  
(Developmental Boys & Girls)

### Saturday June 7

10:15am-11:15am Preschool

11:45am-1:00pm 5 Alive

1:30pm-3:00pm Recreational

### Sunday June 8

1:00pm -2:00pm Preschool

2:30pm-3:45pm 5 Alive

4:15pm-6:00pm Recreational

To Rockland Gymnastics Customers.

Rockland Gymnastics Academy wish to extend a warm welcome to all participating families. Thank you for your patronage, your support, and confidence that we can provide the best service to you and your child. We feel that you have made an excellent decision regarding your child's Future.

We would like you to be familiar with our procedure and policies. Please make sure that you have all necessary and pertinent information. If you don not have your calendar or policies, you can pick up all information at the front desk. We appreciate your cooperation in respecting the procedures and policies set forth by our club.

We wish all of our students , as well as their families a gymnastic new year.



Don't Forget!!! You can  
celebrate your birthday  
at Rockland  
Gymnastics! RGA parties  
are a blast!

# Upcoming Events

## Boy's Sleepover Party

Rockland Gymnastics will be hosting a boy's sleepover party for ages 5 1/2 and older. Drop off your son at 7:00 pm on Saturday and pick him up on Sunday by 10:00 am.

The boys will enjoy a pizza party, gymnastics instruction, games, movies, and bagels for breakfast. We will sleep in the gym! Children can bring snacks and any amenities they need for the night. There will be plenty of adult supervision for the sleepover.

The cost is \$40.00 per child. .

---

## Preschool Pajama Party

By popular demand, we will be scheduling a pajama party shortly after the second semester begins! Your child will enjoy a two hour program of gymnastics, games, milk & cookies, and story time. Remember to have them wear their favorite pajamas!

The cost per child will be \$25.00.

---

## Girl's Sleepover Party

Rockland Gymnastics will be hosting a girl's sleepover parties for ages 5 1/2 and older. Drop off will be on a Saturday at 7:00 pm and pick up on Sunday morning by 10:00 am. The girls will enjoy a pizza party, gymnastics instruction, games, movies, and bagels for breakfast. We will sleep in the gym! There will be plenty of adult supervision for the sleepover.

The cost is \$40.00 per child.

---

## Rainbow Class Competition ( Boys & Girls)

This is a unique opportunity for class children to experience the world of competition in a fun, healthy environment. Prizes, medals and certificates will be awarded to participants. The children can pick and choose the events they would like to compete. The cost and date for this event will listed on the board and on the rainbow class meet registration form.

All events are subject to cancellation due to minimal enrollment.

**\*DATES FOR THESE ACTIVITY WILL BE POSTED  
ON PARENT BOARD**

**\*REGISTER IN THE OFFICE**

**\*SPACE IS LIMITED**



## Rockland Rebels fight on !

The Rockland rebels is a new cheerleading group that is training here at Rockland Gymnastics. Rockland Rebel All-Star is a league for students grades 6-9 who want to experience cheerleading and team travel.

For information call Kimberly Ishoy 845-300-8878

## Dare To Soar!

Rockland Gymnastics is currently in the process of forming a Trampoline Team!



Ask in the office for more information!

## Help Support our Team!

Participate in team fundraisers and events posted on the team board!

**Come and watch our Team in action!**

Boy's Home Meet

(Look for posted date on parents board)

Rockland Gymnastics Academy  
134 West Nyack Road  
Nanuet, NY 10954

